

RISK ASSESSMENT (1)



Risk Evaluation Matrix				LIKELIHOOD			
				VERY LIKELY	LIKELY	UNLIKELY	VERY UNLIKELY
				X4	X3	X2	X1
R I S K	DEATH OR PERMANENT DISABILITY	X4	16	12	8	4	
	LONG TERM INJURY OR ILLNESS	X3	12	9	6	3	
	MEDICAL ATTENTION OR DAYS OFF	X2	8	6	4	2	
	FIRST AID NEEDED	X1	4	3	2	1	

Organisation: Norwich Canoe Club

Location/Activity: Swimming Pool - pool kayaking

Date of Assessment: 2/12/18

What are the hazards? (List significant hazards)	Who might be Harmed?	How they might be harmed	Risk Value (1-16)	What we are already doing? (Current Controls)	Do we need to do anything else to manage this risk? (Further Controls)	Action by whom?	Action by when?	Done
Entrapment	All paddlers	Paddlers become trapped in the kayak due to capsize, accident or medical condition	8	Training and awareness session given to all kayakers relating to - <ul style="list-style-type: none"> Getting in and out of kayak How to sit in the kayak What to do in a capsize situation Provision of help and assistance where required Level 2 and above Kayak Coaches are qualified Lifeguards. Awareness of pre-existing medical conditions.	Conduct brief with all paddlers before going on the water to remind them of the risk involved and the current controls in place to mitigate the risk. Familiarisation with First Aid and medical equipment location at poolside	Chief Coach and all coaches present	Prior to start and continuous throughout session	

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Water	All paddlers / swimmers	Drowning through injury, capsize and contact between other paddlers. Capsize and getting into difficulty due to medical condition, insufficient or lack of buoyancy.	8	Chief coach to deliver a safety briefing before the start of the session and prior to any craft being used in the pool . All participants to comply with the pool Health and Safety Policy and swimming pool rules. Buoyancy aids will not be worn during the pool session. Mandatory for all paddlers to be able to swim 25m unaided , All boats are suitably buoyant and support the paddler in the event of a capsize. Level 2 and above Kayak Coaches are qualified Lifeguards	.Conduct Pre job brief with all paddlers before going on the water to remind them of the risk involved and the current controls in place to mitigate the risk	Chief Coach and all coaches present	Prior to start and continuous throughout session	
Hitting head on pool side or pool bottom	All paddlers	Head injury	8	Diving into the pool only allowed at the deep end. Paddlers to ensure any manoeuvres that could result in a fall or collision are carried out in the middle of the pool and not near the edge. eg. Standing up in kayak. Rolling kayak.	Continually monitor and advise paddlers and swimmers of these rules.	Chief Coach and all coaches present	Prior to start and continuous throughout session	
Slips, trips and falls	All paddlers,	May be injured if they trip over objects or slip on wet surfaces such as poolside tiles and any external equipment.	3	No Running allowed at any time during the pool session, either in the changing room or on poolside. Familiarisation with First Aid and medical equipment location at poolside	Brief all participants	Chief Coach and all coaches present	Prior to start and continuous throughout session	



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Personal Injury	All paddlers	May be injured by clashing of paddles and risk of being hit on head or body, in confined area	3	Prior to start of session all paddlers who have not used a pool kayak previously will undergo hand paddling without paddles so pupils get to understand how the kayak moves. Familiarisation with First Aid and medical equipment location at poolside	Conduct Pre job brief with all paddlers before going on the water. Additionally reinforce Situational Awareness requirements. If swimmers and paddlers operating at the same time ensure they are aware of each other and	Chief Coach and all coaches present	Prior to start and continuous throughout session	
Lifting	All participants	May be injured lifting kayaks particularly when full of water	3	Lifting advice given to paddlers when handling kayaks. Advice given to how to empty a kayak using the poolside to take the weight of the boat when full of water.	Continuous advice given when appropriate	Chief Coach and all coaches present	continuous throughout session	

DO THE ABOVE CONTROL MEASURES ADEQUATELY REDUCE THE RISKS? YES