



Club Trip Contact details Junior 2020 onwards.

Name of Trip

Name of Athlete

Main Address

Home Telephone number

Mobile

First Emergency Contact Name (should be a Parent or Carer)

First Emergency Contact Telephone

Second Emergency Contact Name

Second Emergency Contact Telephone

List any medical Conditions including epilepsy asthma diabetes etc

List any medications including dosage

Do you have any allergies?

Do you have any dietary requirements

Is there any other medical condition that we need to be aware of ?

What is your Travel Insurance company

What is the policy number and expiry date

What is the travel insurance emergency contact number

I give consent for any medical treatment to be provided in the event of an emergency.

I will ensure my child understands and follows the Club Codes of Conduct.

I understand they may be asked to leave the trip if they do not follow these.

I consent that photos/videos may be taken by authorised personnel to promote paddlesport and help improve performance.

I agree to be at the pick up / drop off point at the agreed time.

I agree that my child will be bound by the anti doping rules of British Canoeing.

I agree training camps have a zero alcohol policy.

I consent to my son/daughter receiving text messages from their coach/support staff to advise them of training or programme details or changes.

Parent / Guardian Name

Signature

Date

Norwich Canoe Club Trip Junior Code of Conduct.

You will be representing Norwich Canoe Club throughout the trip. Therefore we expect the highest standard of behaviour and courtesy at all times.

- Medication: any medication as mentioned in the Parental Consent form should be held by the team leader or an appointed medical person unless prearranged otherwise (e.g. asthma inhalers)
- Co-operate fully, respecting all requests and decisions made by the coaches, helpers, officials and administrators.
- Be on time for training sessions and events or inform your coach if you are going to be late. Respect the curfews given by the trip leaders.
- Not to enter the bedroom of any other athlete.
- Control your temper and avoid behaviour which may affect or upset others.
- Be considerate and respectful to other paddlers and water users - treat others as you would want to be treated.
- Wear suitable kit for paddling as agreed with your coach.
- Take care of all property belonging to the club or any club member – and be responsible for caring for your own equipment and clothing.
- Not to leave sessions without the permission of the coach or leader.
- Junior members are not allowed to smoke, consume alcohol or drugs of any kind whilst on the trip.
- Recognise that success is not just measured by the result but by performance and effort. Ensure that you are humble in victory, respect the opposition and handle defeat with dignity
- Be courteous and polite to locals. Be sensitive to their ways and habits, which may well be different to your own.
- Accept the sanctions imposed by the team leaders for any breaches in the code of conduct. This could include missing sessions, privileges or being sent home from the trip or being banned from future trips or even temporarily or permanently having your membership of Norwich Canoe Club revoked.

Signature Junior Paddler

Parent/ Guardian Signature to confirm that you have discussed the code of conduct and agree to any sanctions required if it is violated,

..... Date