



## Norwich Canoe Club - Safeguarding Children

### **Duty of Care**

Norwich Canoe Club are committed to ensuring that all those taking part in canoeing are able to do so protected and kept safe from harm. This is particularly true in respect of children. We all have a duty with respect to safeguarding and protecting children to ensure they can participate and enjoy our sport with the highest possible standards of care. All coaches, volunteers and providers should have a clear understanding of operating within an appropriate code of ethics, aware of what their 'duty of care' is and how this relates to their position in providing activities and being responsible for others.

A good definition of 'duty of care' is:

"The duty which rests upon an individual or organisation to ensure that all reasonable steps are taken to ensure the safety of any person involved in any activity for which that individual or organisation is responsible."

As part of this duty Norwich Canoe Club will ensure that all coaches have completed the PUK Safeguarding and Protecting Children and have an enhanced DBS check renewed as a minimum 3 yearly.

The club will provide 2 welfare officers that are up to date with Paddle UK requirements and identified on the PaddleUK website These officers will be identified on the clubhouse notice board by name and photograph.

In an activity such as canoeing, safety and keeping people safe is all about risk assessment and minimising the risks involved at all levels of participation. Coaches, volunteers, officials or administrators should all take 'reasonable' steps to safeguard those directly taking part in activities and at any time they may be deemed responsible for those in their charge - in vehicles, during journeys to and from the activity, during events, team training events and camps etc.

The content of this document provides specific information in respect of safeguarding and protecting children in order that everyone can appreciate their

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'duty of care' with regard to these issues, risk assess their positions and support and advise those at risk.

Further to this document you may wish to consult the following additional information all available on the Paddle UK website here:

https://www.paddleuk.org.uk/guidance-resources/safeguarding/policies guidanceand-templates

- Bullying and Harassment Policy
- Anti-Bullying Policy (Children and Young people)
- Safeguarding Whistleblowing Policy
- Safeguarding Adults Policy

The welfare of children is everyone's responsibility, particularly when it comes to protecting a child from abuse. Everyone in the Club can help - administrator, club official, coach, parent, friend and children themselves.

Abuse can occur wherever there are children - at home, at school, in the park, at the club. Sadly, there are some people who will seek to be where children are simply in order to abuse them. We believe that everyone in Paddlesport has a moral responsibility and therefore a part to play in looking after the children with whom we are working.

Whilst the welfare of children is our first consideration in establishing child protection policies and procedures, we have also taken account of the needs of coaches, particularly where falsely accused. A feature of our policy on Safeguarding Children is to ensure that we provide individuals with access to confidential advice, guidance and support path, provided separately to that provided for those with concerns that abuse may be taking place. This is available from PaddleUK.

These safeguarding and child protection procedures stem from the following principles:

- The child's welfare is paramount.
- Anyone under the age of 18 is classed as a child.
- All children, regardless of age, disability, gender, racial origin, religious belief, marital status and sexual identity have a right to be protected from abuse.
- To respect and promote the rights, wishes and feelings of young people in line with the UN Convention on the Rights of the Child.
- Coaches, clubs and centres need to be provided with advice to raise awareness of best practice and guidance and support should they become

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involved in an abuse situation.

Norwich Canoe Club recognises that some children may have additional vulnerabilities or are disadvantaged by their experiences. It is important for all those that work with children to be vigilant in creating a safe culture and are aware of those who may have additional vulnerabilities.

### **INDICATIONS OF ABUSE**

There are physical and behavioural signs that might raise your concern about the welfare or safety of a child. They are only indicators - not confirmation. Some examples are: Where the child,

- Says that she or he is being abused, or another person says they believe (or actually know) that abuse is occurring.
- Has an injury for which the explanation seems inconsistent.
- Behaviour changes, either over time or quite suddenly, becoming aggressive, withdrawn or unhappy.
  Appears not to trust adults, e.g. a parent or coach with whom she/ he would be expected to have, or once had, a close relationship.
- Shows inappropriate sexual awareness for his/ her age and sometimes behaves in a sexually explicit way.
- Becomes increasingly neglected-looking in appearance, or loses or puts on weight for no apparent reason.

Bear in mind that some children can be particularly vulnerable to abuse and may have added difficulties in communicating what is happening to them.

### What to do if you have a concern about the welfare of a child

With Norwich Canoe Club, there are several ways to report a safeguarding concern. Please see our document on reporting a safeguarding concern: <u>https://norwichcanoeclub.co.uk/reporting-a-safeguarding-concern</u>

There are alternatives ways indicated below:

## If you need urgent advice contact the NSPCC Child Protection 24 hours Help

Line 0808 800 5000 or if appropriate dial 999. Or report the abuse via the local council. To find the childs local council follow here:

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### Report child abuse to a local council - GOV.UK (www.gov.uk)

One of the Club Welfare Officers can:

- Talk to the child's parents/carers about the concerns if you think there may be an obvious explanation such as a bereavement or pressure from their studies/exams. If you need urgent advice contact the NSPCC Child Protection 24 hours Help Line or the Police. Contact your local Social Services Department or, in an emergency, the Police.
- If you are working with paddlers away from home, at a training camp, perhaps, or a national/ regional competition tell the team manager or the designated welfare officer.

If a child tells you that he or she is being abused

- Stay calm.
- Do not promise to keep it to yourself.
- Listen to what the child says and, please, take it seriously.
- Only ask questions if you need to identify what the child is telling you do not ask about explicit details.
- Make a detailed note of what the child has told you in the words of the child and please do not delay passing on the information.

#### WHAT SHOULD YOU DO IF YOU HAVE ALLEGATIONS MADE AGAINST YOU?

If as a coach or volunteer you have had allegations made against you and you wish to discuss the matter with an impartial adviser you could contact the PaddleUK Safeguarding Officer who will advise you of what support may be available.

# Safeguarding Lead of Paddle UK Tel: 0115 8968842

#### Or there is an email link directly from the Paddle Uk website

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Policy Reviewed by	Norwich Canoe Club Welfare Officers
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Next policy review date	March 2026 or before if material changes via Paddles UK or Norwich Canoe Club changes to policy.