

NEWSLETTER

FEBRUARY 2024



WELCOME TO THE CLUB

Welcome to the new Norwich Canoe Club newsletter - we hope to update members on a regular basis with the latest news and updates. We welcome your feedback and suggestions!

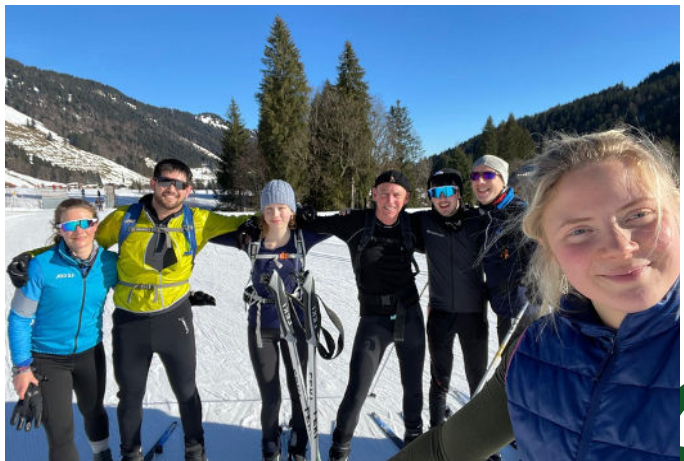
Thanks, Sarah
Chair



NEWS UPDATE

We've had a busy few weeks since the AGM. I can't believe it was November! Since then we have had many Christmas events and the committee has held an Objective Setting Evening. Tim & Julie have organised some swimming sessions at Thorpe School that continue over the next month to supplement our winter training.

In addition, there has been a club skiing trip to Germany and we are looking forward to the club paddle camp to Porto Antigua in Portugal with 23 members attending. A massive thank you to Tim, Grace and Emma for organising the skiing and paddle camps.





LEARN TO KAYAK UPDATE

Suzanne has been working hard on 2024 courses and has also secured NCC a stand at the new Fitness Festival which is coming to Earlham Park in the summer of 2024. Look for more information on this via Facebook as it will be great to have people help staff the stand.

BOATHOUSE NEWS

Having carried out a safety check on the boathouse we need to have a bit of clean up, more on this via Facebook.

Steven Mableson has carried out boat safety checks on Saturday 3rd February on all of the NCC boat fleet. We will use this as an opportunity to review the boat fleet for the coming LTK courses and make sure everything is in good working order. Don't forget to let a coach know and use the triangles hanging in the boathouse if something is damaged or broken on one of the club boats.

OBJECTIVES MEETING

Thank you to those of you that completed the questionnaire looking at the direction for 2024. In early January the committee met to review the completed questionnaires and distill this into objectives for the coming year. The questionnaire separated itself into 3 sections:

- Coaching, Coaching Skills and Coaching Development
- Club ethos, how does the club continue to thrive and build membership - over the next 12 months specifically
- The boathouse, boat fleet and equipment

During the meeting all of the comments were considered and where possible included in the way we approach the next 12 months. We have some more work to do on this but some of the highlights are:

- **Accessibility** - Make the monthly training programme more accessible
- Encourage and plan sessions where the whole club comes together on a Saturday morning
- To make racing more visible to the whole club community
- The Club to organise & encourage Team Race Events to encourage a team feel and plan for the season (key team events = Sprint McGregor Paddle & Hasler Final)
- **Touring** - These already take place, organised by Julie Bie. With additional volunteers to help organise, more paddles can be arranged throughout the year.
- **Fun Events** - To bring the whole club together in a fun and social setting - aim for 3 events a year. No charge to take part

DATES FOR THE DIARY 2024

FEBRUARY

- 4 Waterside A
- 11 Thameside 1, Reading
- 18 Waterside B
- 25 Thameside 2, Reading

MARCH

- 3 Waterside C / Paddlesport Safety and Rescue @ NCC
- 16 & 17 British Universities & Colleges Sport (BUCS) @ NCC
- 17 Waterside D
- 22 Assessment Race @ NCC
- 24 Cambridge Hasler
- 29 - 31 Devices to Westminster

APRIL

- 6 & 7 Paddlesport Instructor course @ NCC
- 12 EAAA 'CPR and using a defibrillator evening' (18:00 - 19:00) @ NCC
- 13 & 14 National Sprint Regatta, Nottingham
- 28 Bedford Hasler

MAY

- 19 Norwich Hasler

JUNE

- 2 Bishops Stortford Hasler
- 6 & 7 Open & British Masters & U23 National Championships, Nottingham
- 26 & 27 Royal Norfolk Show

MEMBERSHIP FORM REMINDER

A reminder to fill in the membership form if you haven't already. As a club, we need up-to-date details for all members. Contact Tammy if you need the link again or have any questions.

CONTACTS



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